EDITORIAL

We are glad to communicate with you about the latest updates of the organization & shows good efforts that we are implementing. HELP-O was able to put creative step within very short time and make a good discussion in top-level to grass root level and we introduced much things and developed technology too.

Private sector involvement to manage the environment is growing fast today. Many business people are willing to have well established waste management mechanism for their premises. We believe that is one of turning point of the bio gas program.

By aiming the environmental management we are practicing & promoting organic agriculture farming for rural & urban community. HELP-O conducted awareness program for different social groups to aware about effective and benefits of the bio gas in the field of waste management.

The community network the people even provide financial support the people who need to develop their self employee. Community empowerment & development is most valuable social service of HELP-O by community networking to improve the living condition of them.

HELP-O is facilitating for more opportunities to experience in different countries through programs related to different themes & we are do not hesitate to share that experiences with our readers to learn something. Finally we highly appreciate your encouragement to develop our efforts & warmly welcome your valuable comments.

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Today waste becomes very critical matter for all. Many people have to find solution to control their waste in domestic level to minimize the waste accumulation. There was a request by self employee who is living Unawatuna-Galle to construct a biogas plant with the capacity of 8m3 in household to manage their daily waste.

He is a vegetable businessman in public market in Galle. He is expecting to use the vegetable waste of the market putting to biogas plant & generate energy free of charge for their day today energy needs. Especially he has highly appreciated the biogas technology as a multiple solution for number of questions with more environment services. In other way it can be consider as most benefited investment on behalf of the future of all.
Waste Management Awareness Program at LANKEM

LANKEM Ceylon Ltd is one of the leading companies in Sri Lanka & LANKEM is also a major supplier of industrial chemicals and bituminous products to the Sri Lankan market. They were highlighted the safety of the environment while serving the needs of the community. With that broader intention they were organized a special awareness program for staff.

Management of LANKEM invited to HELP-O to share the experience about waste management. HELP-O chairman/chief executive Mr.Chathura Welivitiya conducted first awareness session by explaining how waste became a profitable input in the field of waste management & why we need to give more concern on this matter to make better environment around us.

In the first part of the lecture mainly focus on how waste becomes major problem in the world & how it feels us. Then there was an explanation about how biogas technology can use to minimize the waste accumulation while getting more environmental benefits such as energy for cooking, lightning & organic fertilizer for cultivations etc. Chairman explained about the example of Karapitiya Teaching Hospital as the first pilot project at a government leading hospital in the country.

Therefore today, Governments, and many organizations are searching for sustainable solution for this growing issue. HELP-O has wider experiences through implementing bio gas driven waste management programs all over country under different climatic conditions in hospitals, Municipal councils, Hotels, Tea Factories, Food processing industries, Prisons, community level and etc. It was one of the successful awareness programs for solid waste management & HELP-O would like to give our heartfelt thank for the organizers of LANKEM Lanka Ltd.
Promote Environmental Friendly Agriculture & Life Style

Objective of provide a Sustainable solution for food crises & malnutrition in villages and increase the good and quality food production from the grass root level and encourage the people for cultivation by using bio fertilizer HELP-O implement a home gardening & promote a lifestyle business program among the community of HOLDE Women’s Co-Operative with the financial assistance of Food & agriculture Organization of United Nation (FAO).

Beneficiaries were selected from the HOLDE women’s Co-Op members according to their selection methods providing guide lines from HELP-O. Establish 50 home gardens is one of the activities which have design under this project. After explaining & discussions with Department of Agriculture HELP-O could get the assistance of Department of Agriculture to organize the awareness programs for the community before distribute the plants to them.

On last 3rd May & 18th May the home gardening awareness programs were conducted in Hikkaduwa & other divisions in Galle with the contribution of Department of Agriculture. During the program our Women’s Co-Op members aware about

- The main facilities that should be to make a best home garden such as sun shine, land, watering methods,
- The steps should use from the seeds planting process till it give harvest
- The modern techniques can apply for urban gardening to get much harvest from every plant
- Prevention of insect threatens to the cultivation etc

We are expecting to increase essential nutrition states by implementing such project among marginalize community. All the members appreciated the program much as it’s essential to encourage & make awareness of gardening techniques before start cultivation to make the program success & they have fix the dates for the practical lessons with the Agriculture instructors to prepare their model home gardens. Through this programme it will change entire situation of the area due to the reduction of expenses on food need & even farmers are not using the chemicals for the cultivation they use organic and environmental friendly manure for the cultivation.
Bridging Role between the developed and the developing countries

After rising from the wreckage of a devastating war, Korea showed its unstoppable determination for growth and development with the Miracle on the Han River. Korea is now demonstrating the determination in tackling the global problems of climate change and energy depletion.

In 2008, Korea launched the East Asia Climate Partnership (EACP) to help developing countries with their efforts towards climate change mitigation and adaptation. In 2010, the Global Green Growth Institute (GGGI) was established and will be hopefully converted into a treaty based international organization to drive global green growth. Korea will continue to play a bridging role between the developed and the developing countries by leading the international campaign for green growth.
Positive Impact of School home gardening program of FAO

To promote food availability in school level, improve the nutrient states of family is one of the important steps to change the children’s attitude towards the gardening concept. Considering this fact Food & Agriculture organization of UN launched a school home gardening program in island wide & HELP-O got the opportunity to take part in this program. With the collaboration of Department of Agriculture & Ministry of Education HELP-O implement this program among 10 rural schools in Galle district. Some gardening equipments & some plants were distributed under this program to encourage the schools towards this habit of gardening.

Hiyare School which came to second place in the school gardening competition is one of the best school trying to give the message of important of home gardening to the society. Before the school vacation of April school has distribute plants for every children to plant it in their homes on New Year day on 14th April. This is one of the positive advantages of the School home gardening program of FAO as still they are trying to continue the message of important of gardening habit in different paths according to new concepts of their own.

Children get courage from all these activities to continue their gardening habit in this way & they express the idea that "Now they have ability to do gardening well in their homes also by using new techniques new methods which they learn from schools under this FAO gardening competition." As they are the blooming flowers of future these type of attitude will guide to make a better peaceful & green world in future.
**Trincomalee Bio Energy City**

Application of green bio energy city was initiated with the financial support of UNEP/APFED programme by construction of biogas plant in selected hotel in Trincomalee & second one was implement in public market of the Trincomalee. Highest waste collected points were selected to construct biogas plant to reduce the daily waste collection to the dump site of the Trincomalee.

Green Bio Energy City concept application will be a focal point in Trincomalee waste management mechanism. Because they haven’t well establish waste management plan at present in city waste management. Only thing they are practicing open waste dumping in open yard very adjacent to forest area. That was very critical situation to expand the dumping yard without harming to the environment.

HELP-O aims to convert this city into bio energy city after the attitude changes of the people about the need of waste management. Trincomalee is the most attractive area in the field of tourism in eastern province. Therefore it is need to have sustainable waste management plan parallel to the physical development of the area.

**CITYNET feedback discussion before 25th Anniversary**

With the intention of change the conventional way of last 25 years activity period CITYNET has organized the feedback discussion with their member country organizations to get their ideas for further development of future activities. It was a good exercise to get prepare to response for the members ideas & expectations from CITYNET.

Feedback discussion was carried out by two researchers represent two different countries. Members were explain about the lacking areas of CITYNET when they providing the services for the members. And also they indicate what need to be change to provide better service to partner organizations.

As a member organization we would like to thank for the organizers this kind of research to evaluate the ideal position of CITYNET in the world among the member countries & opportunity to express our ideas about the organization.
HOLDE Women’s Co-Operative Board of Directors
Meeting

With the main expectation of providing sustainable solution for main problems of marginalize community HOLDE Women’s Co-Operative is working especially in the coastal area of Galle & Matara districts. At present they have a systematical & strong network to assist the community in their needs. The board of directors meeting held once a month to discuss the ground level requirements, their achievements together & on last 7th of May 2012 at HELP-O office premises. The most important things discussed were

- To provide 10 self employment loans for self employers
- To convert the bank accounts details to HOLDE Women’s Co-Operative name
- To inform the members name list to the director board
- Inform to present a report from the selected comities about the situation of each subjects

As many of our members are trying to stand on their own effort this is the best opportunity for them to discuss their situation in open stage. The main expectation of this network is to raise a sound voice against the poverty in the aspect of sustainable development in village level.

The majority of boards of members are representing the community & it is more important to raise their own voice for their common needs specially. The main advantage of this HOLDE Women’s Co-Operative was that they established the village level community mechanism to provide the essential services in community participation approach. We are pushing our all members to think beyond their capacity providing guidelines & examples of important of working as a group by getting advantages of Co-Operative system.
Ayurveda Medical Awareness Program in Aththiligoda

Ayurveda Department in Southern Province Ayurveda Community Health Unit has conducted eighth awareness program in Aththiligoda in Galle with the participation of HOLDE women’s co-op members.

This community awareness programme was mainly focus on dengue prevention methodologies. Specially discussed about the dengue, symptom and to keep the good health condition. Ayurveda doctors explained about the way of the spread the diseases and how to recognize illnesses. After that explanation they were give more instruction about the need of clean our home garden.

Then doctors explained about the importance of Ayurveda methods to prevent the dengue prevention & why people don’t think about this our own prevention methods & need of change our attitudes related to the Ayurveda medicine. Community participants also raise many questions on why these good methods are not expanding all over the country to prepare against to dengue. This program was very important for the participants with debatable topics on dengue prevention knowledge highlighted in Ayurvedaya.
A few years back, life was quite different for H M Chandrawathi and her family. She is mother of two children & when the time has come to give education, food & other essential things to all of them it was quite difficult for them as her husband doing a gate keeper job in CGR. This situation makes her mind force her to do some for the family.

Chandrawathi was pushed to find alternative sources to earn an income. Suddenly she remind to started bakery products which can sell in their village shop. She started it in small scale by making string hopers in first time. Then she was suffer for financial problems as she couldn’t supply it according to demand.

On that time she got to know about HOLDE Women’s Co-Operative Aththiligoda branch which is assisting the ground level community in their needs. She engaged with one small group & gradually she could do savings & got Rs.10,000.00 in first time to develop her business.

Now she is managing it well by making hopers, string hopers, milk rice etc. Now she is confidence of her work. In present she earns Rs.10,000.00 a month at least by selling these home made products. Her effort was soon helped to double the family’s income. Chandrawathi is confident that her home made quality food can be easily marketed in the local shops and boutiques.

“I also want to teach others in my village that a woman can contribute her family in any bad situations even if her mind is full of courage” says H.M. Chadrawathi who is now very keen to provide assistance other families out of poverty and hardship.”
Experiences from Bala Vikasa Training Programme

Bala Vikasa Social Service Society is a registered, non-profit, non-governmental community development organization, based at Warangal, Andhra Pradesh, India. People Development Training Center (PDTC) was initiated with an objective of sharing knowledge and experience of Bala Vikasa, in “Community Development”, to the likeminded NGOs, Individuals and Institutions through need based capacity building activities.

Bala Vikasa PDTC has designed a number of training modules basing them on its own grass root experience and keeping them relevant to the needs of the development sector. The objective of training programs is mainly to provide knowledge, impart skills and change attitudes of the agents of change towards development. HELP-O works as Sri Lankan representative for this programme & gave opportunity to participate for many people for the training programme in continuously. We try to share the experience of them.

Ms.Nadeeka Amarasinghe –Project Manager, HELP-O participated for the Bala Vikasa Training Programme in year 2012 & programme was conduct under the topic of “Leadership Skills & Personality Development” from 30th -31st March 2012. First of all she would like to thank for the HELP-O to give that opportunity to participate this training programme & it was my first experience of foreign visits. All those factors were support for the good gain from the entire programme.

There were different organization representative management leaders in the filed by representing different countries & India itself. Related to my profession leadership skills must be highlighted to carry out any work into success. At the begging of the programme was discussed about the “Leader & Leadership”. In that sense Leadership is influencing the behavior of group members. For that purpose power is the most important tool of leaders. It can be comes under with different type such as legitimate power, Coercive power, Reward power, Expert power & Referent power etc. If a Person has all these five types of powers, we can call him a Powerful Leader. When a leader gets support from all influential persons with power, he/she can be very effective. To fulfill the team’s goal, all should unite.

When it discusses about the leadership qualities we can define number of qualities such as enthusiasm, integrity, toughness, fairness, warmth, humility & confidence etc. Most important thing is words which we are using in the communicating the people as leaders. In that way she learns new areas of knowledge to work as leader in the society or company. It will good input for me to work easy than complicating all the things at once. She suppose to use that knowledge use that knowledge with the ambition of good achievement at the end.
WE ARE WELCOME YOUR COMMENTS & SUGGETION . . . .

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World Environmental Day Celebration
HELP-O has organized an environmental day celebration programme on 9th of June related to the World Environmental Day comes on 5th of June.

World Environmental Day theme is “Green Economy: Does it include you?” Today we are talking about the development go beyond the sustainable & it called as Green Growth.

However, this is the best time to prepare for the environment danger & take actions to minimize the environmental harm practices as much as possible. Environment degradation is the most critical issue today.

Exhibition at Royal College-Colombo
National festival of world environmental day celebration has organized at Royal College on 5th-6th June with two days exhibition.
HELP-O also will participate for this programme to aware the people about the environmental friendly waste management mechanisms.

Exhibition at Tobacco Company
Ceylon Tobacco Company has organized an exhibition to celebrate the world environmental day on 8th of June. They have invited to HELP-O Eco Green Company to participate for this event.