Sri Lanka host’s the most diverse endemic species and is considered to be a biodiversity hot spot in the entire world. Sri Lanka is place for several endemic terrestrial species such as amphibians and birds, but also a declining marine ecosystem, with ongoing threats to the coastal coral reef environments.

As climate change occurs, Sri Lanka will undergo widespread effects of climate change including, climate variability and sea-level rise, directly affecting the overall abundance and security of endemic species within Sri Lanka.

Because global climate change is happening faster than predictions could ever have envisioned, education and public awareness is important in reducing our overall consumption of natural resources and limiting the amount of CO2 we emit, the main attributor to climate change. There are several nonprofit organizations within Sri Lanka petitioning for a more sustainable environment for both humans and species alike.

Based in this climate changing situation it is decided to create a National Forum with the collaborate of organizations which are working on environmental issues and the people like professionals, school and university students and civil activators that those who are contributing their service to make Sri Lanka an environmental friendly place.

HELP-O also is a partner of this National Forum. And others who are interested in avoiding climate changes in Sri Lanka can also participate to this National Form through above people. The very first meeting of National Forum on Climate Change will be held at United Nations Conference Hall on 08th of November 2013 at 10.00a.m.

The very first meeting of National Forum on Climate Change will be held at United Nations Conference Hall on 08th of November 2013 at 10.00a.m. If you are interested in joining with NFCC, please register with us on Chathura.helpo@yahoo.com And make sure to indicate that in which way that you are contributing your service to avoid the climate change in Sri Lanka.
Asia Pacific Forum on Environment Development (APFED) Showcase Program of United Nations Environment Program (UNEP) has funded their money on HELP-O, to give their support to the project called “Trincomalee Green Bio Energy City”. With the collaboration of Urban Council of Trincomalee HELP-O is making this project a success.

The project consists of new innovative strategies which differ from other conventional projects. The two main parts of this project are tree planting program and people awareness workshop on climate changing.

Trees are vital in helping keep our natural environment healthy and functioning. They provide habitat for wildlife plus food and materials for people, alongside many other less visible benefits. In towns and cities, trees provide a range of critical functions. The high leaf surface to ground area ratio of trees makes them particularly good at providing shade.

The shade they cast helps mitigate the urban heat effect in Trincomalee and it’s shade and shelter, helps to keep people and surfaces cool. Trees also improve air quality and as Trincomalee is a hot area this will help to change the hot climate. They also help reduce the temperature by absorbing latent heat during transpiration. When trees are planted where previously there weren't any, like in Trincomalee, they will on soak up CO2 as they grow, reducing the amount of greenhouse gas in the atmosphere.

It is thought that trees, plants and other land-based "carbon sinks" currently soak up more than a quarter of all the CO2 that humans add to the air each year – though that figure could change as the planet warms. HELP-O is successfully completed the project on 17th of September 2013. We are proud to say that not only we have achieved to our success in Green Bio Energy City project in Galle, but also in Trincomalee.
HELP-O Eco Green Ltd implemented bio gas plants in many various sectors in Sri Lanka. Those are, Hotels, Factories, schools, prisons, Hospitals, Forces camps, Domestic levels, Markets and etc. We are carrying you a different way within monthly newsletter with bio gas program. Today we are going to write about Don Bosco Community Centre, waste management mechanism with their ideas & suggestions about bio gas plant.

Don Bosco Community Centre is situated in Colombo district in western province, Sri Lanka. They found a sustainable solution with biogas technology for their waste problem within community centre to maintain with eco friendly system. HELP-O Eco Green Company introduced bio gas technology for their waste management problem. The capacity of this bio gas plant is 22m³ and this is implemented with financial support of CITYNET in Japan.

Reporter: We would like to know few details about this Community Centre?

Farther Dickson:- Don Bosco Community Centre is one of the top level community centre in Sri Lanka. And it’s called “BOSCO PURA“. The Community centre started in 2007 and there are about 200 families. In present they have one Montessori which is administrated by sisters.

Reporter: What were the problems you faced before implementing this bio gas plant?

Farther Dickson: - We had a huge problem of pig waste and kitchen waste ,but I would like to tell, now we don’t have any problems thanking to this bio gas plant. We use LP Gas to make foods in bakery. As LP gas costs a lot we thought to implement a bio gas plant in that area.
Our daily waste generation was more than 500kg per day and daily firewood usage was more than 250kg. We expended Rs. 4200.00 per month only for energy. This was a huge problem for us. But now we don’t have any of these problems because this is bio gas plant. Now we can residual the cost of LP Gas.

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Farther Dickson: The best result is decreasing the monthly LP gas cost. I think this is a good example also for other places to solve their wastage problems. Bio gas unit helps to solve waste and energy problems of community centre.

Now we are able to get the benefits from the waste we are just throwing away. The municipal council’s annual waste management budget also reduced because of this valuable solution. HELP-O Eco Green Company implemented a very successful waste management

It’s a paradox to be an actress, living in the city, taking planes all the time, trying to find the right balance in this life, which is not so eco friendly, and still try to respect the environment. –Marion Cortillard-
Matara is one of the most popular cities in our country and it is a commercial area too. Aparakka Government Ayurvedic Hospital is located in Matara District, Southern Province. The hospital is one of the oldest hospitals in Sri Lanka. Normally, there are about 60 officers and patients.

HELP O Eco Green Ltd started a bio gas program with the financial support of Chief Ministry of Southern Province. There are two programs implementing in present. One is Aparakka Ayurvedic Hospital. In mean while we started the construction of Aparakka Ayurvedic Hospital bio gas program. At that time hospital had a huge waste problem because the urban council had rejected to carry the hospital waste. As hospital supplied foods for patients by cooking, they had to spend huge scale of money on their energy needs like LP Gas.

But through our program we have planned to give a sustainable solution for their organic waste problem. The capacity of the bio gas plant to be constructed was 22m³ and that could feed 500kg with water. The main purpose of the unit is to use bio gas for kitchen. We are expecting to conduct many awareness programs for the minor staff in near future.

This is very good example to change the policy of the government institutions about bio gas. This one is a turning point of bio gas sector and the government will realize the good effects of the bio gas, after seeing this process and sustainability. Actually bio gas is the best answer for current huge waste problem in every country when considering the nature of this, because it is a cost effective, profitable and environment friendly process. Also they can start cultivations in these areas.
Environmental protection is a practice of protecting the Natural environment of individual, organizational or governmental levels for the benefits of the nature & all living beings.

Protection of the environment is needed due to various human activities. Waste production, air pollution and loss of biodiversity are some of the issues related to environmental protection.

Environmental protection is influenced by three interwoven factors: environmental legislation, ethics, and education. Each of these factors plays its part in influencing national-level environmental decisions and personal level environmental values behaviors for environmental protection to become a reality.

It is important for societies to develop each of these areas that, together, will inform and drive environmental decisions.

People are in a such keenness to care and to protect the environment. By introducing the bio gas technology HELP O Eco Green Company also appear to prevent the environment pollution occurs by waste.

As we have been able to give a great contribution to protect the environment. It is a proud to say specially soil and water pollution by irregular waste dumping, emission of methane gas to air has been considerably reduced by our projects.

HELP O Eco Green Ltd presented a Waste Management certificate to the Fairmount Fashion (PVT) Ltd (Star Garment), Indigaskatiya, Baddegama for their contribution to the protection of environment. That was handover to Mr.Sampath Krishantha the Manager of that company by Mr.Chathura Welivitiya the Managing Director of HELP O Eco Green Ltd.
Thalalla Retreat is a beach Resort located in the Southern tip of Sri Lanka between Matara and Tangalle. Among all Sri Lankan’s beaches, Thalalla beach surely must be the king. It contains about one mile of golden sand where often only the footprint will be yours.

Thalalla Retreat is a boutique hotel and a Yoga retreat overlooking with undiscovered beach of calm turquoise sea in the Southern tip of Sri Lanka, beside the village of Gandara. Thalalla is featured in the 2012 edition of the “Lonely planet Guide to Sri Lanka” as one of the best beach hotels in Sri Lanka entered in a picture-post card, golden sand beach fringed by coconut palms and brightly colored fishing boats.

They are willing to implement waste management program within their premises. As more customers and foreign visitors are coming daily their daily waste collection is high.

At present they use LP Gas as the main energy source for cooking purpose and they expend much money for the energy need in their kitchen. And also they have much daily waste collection. These problems are the reasons for them to have a Bio Gas plant.

They invited us to implement a bio gas plant for their Waste Management Process. HELP O Eco Green Ltd is going to implement a bio gas plant in Thalalla Retreat Hotel premises as there request to find a sustainable solution for the daily organic waste generation.

Mr.Chathura Welivitiya the Managing Director of HELP O Eco Green Ltd & Mr.Chathura Nirosha the Manager of Thalalla Retreat Hotel were signed the agreement to implement the bio gas plant.
The National Youth Services Council is combined to Waste Management Program with HELP O Eco Green Ltd. They invited us to implement a bio gas plant in their premises as a sustainable solution for their waste problem.

HELP O Eco Green Ltd presented a Waste Management Certificate to The National Youth Services Council for their contribution to eco friendly program. That was handover to Mr.T.B.Weerakoon the Managing Director & Mr.Nuwan Roshan the Marketing Executive of National Youth Services Council by Mr.Chathura Welivitiya the Managing Director of HELP O Eco Green Ltd.

Willuda Inn is favorite to host wedding ceremonies, club parties, Birthday parties and also for held important meetings. Being a public favorite place Willuda Inn is one of the common names to host wedding ceremonies. It is Situated in Panagoda,Homagama and it host the best views among other hotels.

HELP O Eco Green Company started a new waste management program in this hotel. Mr.Chathura Welivitiya the Managing Director of HELP O Eco Green Ltd & Mr.W.C.Elvitigala the Managing Director of Willuda Inn Hotel were signed the agreement to implement the bio gas plant.

HELP-O Eco Green Ltd had launched the official face book page of company. This is the link for official page of the company. https://www.facebook.com/HelpoEcogreen?ref=hl Through this page you can be aware about latest updates of the company, wide spread programs and its services.

Please Visit our page and like it. This page also linked with scribd and can receive the latest updates of the company including the documents that published by the company. Also we would like hear your voices and comments or ideas about the programs which we implements. And you can have a chance to participate the future programs of the company through our page.
According to the world Children’s day, HELP-O had organized a Cricket and Elle competition for the children, age between 12-18 those who are members of children’s societies of Kapuwaththa, Koggala and Walawwaththa on 28th of September 2013. Importance of these societies is all of them are newly built societies by HELP-O, as these areas did not have children societies before.

The main aim of organizing this competition was to improve the children’s sports abilities, improve the friendliness among the children and to teach them to bear both win and lose.

Chairman of HELP-O Mr.Chathura Welivitiya, Field Manager, Technical Officer, Administrative Officer, Regional Sports Officer of Weligama, Regional Officer of Child care development and many others made our event more successful by participating to this event.

All participants of the competition were awarded with a certificate as an appreciation for their participation. Champions and Semi finalists were awarded with trophies and the most talented bowler and the batsman also awarded with trophies.
On last 06th of October, 2013 the HOLDE Women’s Co-operative Ltd of Walwaththa Branch celebrated with dignified 07th anniversary at Hasara Hotel, Dadalla Galle. The walawaththa Branch is one of the branches in HOLDE Women’s Co-operative Ltd. There are about 298 members in the Co-operate and a strong committee. The Walawaththa Branch was started after the tsunami disaster in 2004.

The chairwoman is Ms.Chandralatha & the committee members organized this ceremony. Mr.Chathura Welivitiya the Chairman/Chief Executive of the HELP-O, Ms.Kumuduni Abeywickrama one of the board directors of HELP-O, Mr.Abeywickrama, Ms.Thiththagalla the Development Officer of Co-operative, staff members of the HELP-O, other branch members, walawaththa committee members & children society were participated in this special occasion.

The ceremony was held in a sumptuous and traditional way. Ms.Chandralatha welcomed the all participants convivially. The ceremony included special and attractive glamorous events. The audience was welcomed with elegant welcome dance. And Mr.Chathura Welivitiya & Ms.Kumuduni Abeywickrama addressed the ceremony and they wished to all members for a successful future. Also, some committee members were declared about their successes. And the best members of pilot group was awarded many presents.
FK Norway gives young people in Norway and developing countries the opportunity to experience each other’s reality. Sri Lanka Nature Forum (SLNF) is a member of FK and HELP-O is a member of SLNF. Mr. Thore Anton Bredeveie a Program advisor of FK came Sri Lanka for a visit of SLNF. As HELP-O is a member of SLNF he came to visit HELP-O on 31st of October 2013.

Purpose of his visit is to be aware about the work of HELP-O. We arranged a meeting with Mr. Chathura Welivitiya Chief Executive of HELP-O and a presentation to explain our work. He was happy with every work and gave his likeness to visit some of our biogas plants in Galle.

Both community biogas plants in Dadalla area and biogas plant in Sambodhi Children’s Home were visited by him. In Sambodhi Children’s Home they said because of our biogas plant they are saving nearly 20,000 rupees per month which had been wasted before for the LP gas. Mr. Thore Anton Bredeveie was well satisfied with our work and leave Galle with the hope of coming back soon.

A Mother's Attitude towards a Newly Began Children's Society in Thotagamuwa

In Thotagamuwa area a children’s society has began in 12th of October 2013, according to the proposal presented by Field Manager of HELP-O and with the advices of Miss. D.N.Kaluwinna. As those children’s very first proposal a flower dansal had been organized in the full moon poya day of October. Afterwards several times they gathered and decided to organize a shramadana campaign.

As the parents I feel that starting these types of programs will help to improve our children’s abilities in every way. And I’m great full to Chairman of HELP-O and staff members for their unique support to make our children well educated persons and to make their attitudes positive towards everything.
Ms.P.B.N. Amanthi is a mother of a child and Mr. Geeth Sisitha Kumara is her husband and he is a salesman. She is a teacher in a pre-school. She is a start member of China Garden branch of HOLDE Women’s Co-operative. She is an active member in their branch and she participate to many social works with other members. Always she is a competent woman for her own work. One of our reporters shared her ideas during this month.

**Reporter: How you engage with our Co-operative branch?**

**Amanthi:** I have joined this HOLDE Women’s Co-operative 08 years ago it was during Tsunami season. I was totally disappointed by the Tsunami disaster and it totally destroyed my all works. I joined this committee because I needed to rebuild my family in 2005. I hadn’t an artifice living path in that time. It was totally destroyed by Tsunami disaster. I joined to this committee because of that reason. We branched small groups and I represent “Apsara” group.

**Reporter: What’s your present situation?**

**Amanthi:** I’m living happily with my family now. I participated physiological program conducted by HELP-O to rebuild and to make our minds strong. We couldn’t have large sum of money at once and I got loans for my rebuilding. First loan was Rs.10,000.00 and I got many loans afterwards. It was very strong and great help at that time for me as I needed to rebuild my home. After that, I built it step by step from that loan. I got a loan of Rs.20,000.00 in last month. At this present I’m very happy about my courage and my success.

**Reporter: What kind of message you would like to give for other women of this society?**

**Amanthi:** HOLDE Women’s Co-operative is a very strong society to courage women like me. When we accrue our group meetings we discussed our problems and financial matters. I think this committee is specially began for the poor. I’ll tell again, HOLDE Women’s Co-operative is a very able committee for us.
CITYNET invites urban leaders from all sectors to attend the CITYNET Seoul Congress from November 4-6, 2013 in Seoul, South Korea. Focused on the theme of “Our Vision and Way Forward: Innovative Solutions for People-Friendly Cities” the Congress, held once every four years, is a unique opportunity to meet face-to-face with high-level city officials, civil society leaders, and urban activists from across the Asia Pacific and beyond. Members of the CITYNET network will also have the opportunity to determine the future agenda of the network. All participants will be invited to join a variety of parallel sessions, site visits, and forums to discuss the future of urban development in the Asia Pacific.

CITYNET helps local governments across Asia-Pacific improve sustainability, grow capacity, and make connections with stakeholders. 2013 CITYNET Seoul Congress, to be held from November 3-6. 300+ participants from 83 local governments, 47 associate organizations and 42 partners are participating for this congress. HELP-O is an associate member of CITYNET. As Sri Lankans we are proud to say that Mr. Chathura Welivitiya Chairman/Chief Executive & Ms.Nadeeka Amarasinghe the Project Manager of Human and Environment Links Progressive Organization (HELP-O) is participating for this great event. There will be only 54 speakers in this congress and Mr. Chathura Welivitiya got an unique chance to be a speaker among them. As Sri Lankans we all must be proud of this great opportunity.

For registration, schedule, and venue details to the CITYNET congress, visit www.seoul2013.citynetcongress.org