NEWSLETTER OCTOBER





EDITORIAL

HELP-O is a non-governmental organization (NGO) established in 1992 by a team of professionals with a commitment to making Sri Lanka a better, happier place to live in harmony with nature.

HELP-O has the following vision: "equitable economic development, social justice, and a safer environment for all. Its mission is "to identify the need of risks confronted by Sri Lankan communities and implement effective solutions through proven integrated approaches with the participation of stakeholders".

The five strategies HELP-O adopts in achieving its mission Include empowering the marginalized community socially and economically, accepting the importance of community participation and leadership, dedicating to protecting the environment through an integrated process, protecting human rights and justice, and ensuring sustainable development.

Mission-related programs and projects launched by HELP-O focus on the following spheres: community empowerment, rehabilitation, relief assistance, and protecting human rights, community participation in local governance, community financing, livelihood development, economic resource mobilization, nurturing biodiversity, mitigating the impact of climate change, pollution prevention, waste management, and optimal utilization of marine resources and optimal utilization of forest products.

Overall, HELP-O is an organization dedicated to bringing about a sustainable positive impact on the environment and the lives of people in Sri Lanka through a series of interdependent activities.



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IVASTE MANAGEMENT



THE COSA DATA VALIDATION WORKSHOP



The COSA Data Validation workshop held on October 5th, 2023, at the Hasara Hotel involved key officials from the GMC (Municipal Commissioner, Municipal Engineer, Municipal Medical Health Officer, Municipal Accountant, Municipal Secretary, Chief Community Development Officer, Development Officers from other divisions, the Solid Waste Specialist of the CCBO program, and HELP-O staff). This workshop was conducted under the CACG project, funded by a USAID grant through CCBO.







The purpose of this workshop was to validate the data collected for the Cost of Service Analysis (COSA). Validating the data is crucial for accurately assessing the cost of solid waste management within the GMC area. The accuracy of this data is essential for informed decision-making regarding resource allocation and budgeting for solid waste management services.

The workshop covered various aspects of solid waste management, including:

Cost of solid waste collection.

Cost of transportation.

Cost of biodegradable waste processing.

Cost of building waste recycling.

Cost of landfill disposal.

Cost of street sweeping.

Human resources costs related to solid waste management.

Other costs are associated with solid waste management activities.



These workshops, such as the COSA Data Validation Workshop, play a vital role in enhancing the transparency and efficiency of public services. They are critical for the success of projects funded by organizations like USAID, as they ensure that resources are utilized effectively and that governance in the GMC area is improved. This proactive approach is a positive step towards effective governance and resource management in the region.

Written By - Thakshala Witharanage

















HELP-O AND USAID CLEAN CITIES- BLUE OCEAN, CLEAN TECH PROVIDED GARBAGE COLLECTION CONTAINERS TO GALLE MUNICIPAL COUNCIL

In a concerted effort to address the pressing issue effective management in Galle city significant limits, a collaborative initiative was undertaken, uniting the forces of HELP-O, USAID Clean City Blue Ocean, and Clean Tech. This strategic alliance was established at the request of the Galle Municipal Council, aiming to revolutionize management practices and stimulate e-waste collection in the region.





One of the pivotal strategies adopted was the provision of garbage collection containers by Clean Tech. These containers were strategically placed to bolster waste management infrastructure, encouraging responsible disposal practices and the segregation of e-waste—a critical step in addressing environmental concerns associated with electronic waste.

The recent event at the Galle Municipal Council marked a milestone in this collective endeavor. A key aspect of the occasion was distributing the garbage tax to various institutions, including the Galle Municipal Council and the Galle Police, ensuring support and resources for continued waste management efforts. The event was graced by notable personalities in the field:

Municipal Commissioner Mrs. Thushara Ratnayake - A driving force behind effective municipal governance, spearheading initiatives for a cleaner and more sustainable Galle.

Urban Engineer Mr. Sampath - A crucial figure in designing and implementing urban waste management systems, ensuring the city's infrastructure aligns with environmental goals.

Chief Community Development Officer Mr. Sawmer - Instrumental in community engagement and fostering collaborations for the betterment of Galle's waste management programs.

Major Roshan - A vital representative, showcasing the involvement and support of the local authorities in this crucial environmental initiative.

Furthermore, the event witnessed the presence and active participation of esteemed individuals from collaborating organizations. Mr. Chatura Welivitiya, Chairman of HELP-O, brought invaluable insights and support to the table. Mr. U. G. Ekanayake, a Solid Waste Expert of the USAID Clean City Blue Ocean Project, lent expertise and global best practices in waste management, offering a comprehensive perspective to the program.

Lastly, the invaluable contribution of Mr. Akila Lakshan, Engineer of Clean Tech Organization, should be duly noted. His technical expertise and dedication played a pivotal role in the successful implementation of the waste management infrastructure, truly shaping the tangible results seen today.

This collective effort signifies a remarkable stride towards a cleaner and more sustainable future for Galle. It demonstrates how collaboration between local governance, non-profit organizations, and expert bodies can effectively address critical environmental challenges. The provision of garbage collection containers and the encouragement of responsible e-waste disposal are crucial steps toward ensuring a cleaner and healthier environment for the city and its residents.

This initiative stands as a testament to what can be achieved through collective action and serves as an inspiring model for other regions facing similar environmental challenges. The combined efforts of these entities reflect a commitment to making Galle a shining example of effective waste management and environmental stewardship.

As these collaborative efforts continue, it is hoped that they will pave the way for a more sustainable and environmentally conscious future, not only in Galle but as a beacon for other communities globally.















USAID'S CLEAN CITIES BLUE OCEAN PROGRAM DONATES EQUIPMENT AND VEHICLES TO THE GALLE MUNICIPAL COUNCIL

USAID's Clean Cities Blue Ocean program donates equipment and vehicles to Galle Municipal Council The USAID's Clean Cities Blue Ocean (CCBO) program, which aims to reduce marine plastic pollution, handed over an in-kind grant donation worth Rs 44 million to the Galle Municipal Council (GMC) on 17th October 2023 at the GMC premises. The donation included equipment and vehicles that will be used to improve the solid waste management (SWM) service delivery in the city.



The Clean Cities Blue Ocean program is USAID's flagship 5 years global 5 year grant that launched its operations in Sri Lanka in 2021. Since then, it has provided technical support directly to the GMC to improve capacity for effective governance of 3R/SWM systems which encompass collection efficiency, waste segregation, public awareness, collection route network preparation, worker's safety with personal protective equipment (PPE) Heenpendala open landfill improvement and Kawshima compost plant operation improvement.



The CCBO program also initiated a school championship project targeting 23 schools in Galle to promote the habit of segregating recyclables among children and introducing an economic model to sell the recyclables and generate income for the schools.

Moreover, the CCBO program facilitated private sector investment to the GMC to reduce plastic waste leakage to the environment. A city-wide solid waste action plan is being prepared with CCBO funding through grantee Help O.

The equipment and vehicles donated by the CCBO program were handed over by its Country Director for Sri Lanka and Maldives to the Municipal Commissioner of Galle in a ceremony attended by GMC officials and other stakeholders.

The Municipal Commissioner expressed her gratitude to the USAID and the CCBO program for their generous support and partnership in improving the SWM system in Galle. She said that the donation will help the GMC to provide better services to the citizens and protect the environment from plastic pollution.

The Country Director of the CCBO program said that she was pleased to see the progress made by the GMC in implementing the SWM best practices and engaging the community and the private sector. He said that the CCBO program will continue to work with the GMC and other partners to achieve a clean city and a blue ocean



























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SECOND RESIDENTIAL WORKSHOP ON FINALIZING THE STUDENT ACTIVITY BOOK UNDER "MARINE LITTER AND MICROPLASTIC"

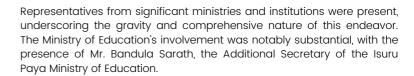


In a concerted effort to address the pressing issue of ocean litter and microplastics, a pivotal residential workshop was convened on the 26th and 27th of October 2023 at the esteemed National Institute of Plantation Management Center (NIPM) in Athurugiri. HELP-O, was a collaborative endeavor orchestrated by the Ministry of Environment, gathering key stakeholders and officials from various ministries and organizations.

The focal Point of this gathering was to finalize the revised Student Activity Book and Teacher Resource Book, meticulously prepared by the Institute for Global Environmental Strategies (IGES) under the project dedicated to combatting Ocean Litter and Microplastics.







Alongside him officials were including the esteemed Director of the National Institute of Education, Dr. Ashoka Silva, and his dedicated team. The collaborative effort from the Ministry of Education signified a pivotal step towards integrating environmental education into the academic sphere.

Moreover, the Additional Secretary of the Ministry of Environment, Director Mr. Mahinda Werahera, alongside their respective staff, provided valuable insights and strategic direction towards the effective amalgamation of environmental consciousness into educational curriculums.

The participation of the Commissioner from the Education Publications Department, the Central Environment Authority Officials, and other respected individuals, including Dr. Inoka Suraweera of the Ministry of Health, Miss Nadika Amarasinghe, Assistant Director of the Sustainable Development Council, and Dr. Amila Abeynayake from Japan's IGES Institute, showcased a multi-faceted approach and expertise pooled into this workshop.

Furthermore, the guidance and global perspective brought by Dr. Amila Abeynayake from Japan's IGES Institute and Dr. Paul Kin, the country representative of the USAID RTI Ocean Plastic Project, shed light on international best practices and solutions. This cross-pollination of ideas and experiences is crucial for addressing a global predicament like ocean litter.

The presence of HELP-O Chairman Mr. Chathura Welivitiya along with other officials, exemplified the collective commitment and synergy among various sectors towards a shared goal—safeguarding our oceans and environment.

The culmination of this workshop not only signals the finalization of essential educational materials but also represents a significant stride in fostering collaboration and holistic strategies to combat the pervasive challenges posed by ocean litter and microplastics.

The spirit of collaboration and expertise shared during HELP-O underscores the earnest dedication of all participants towards creating a more sustainable and environmentally conscious future for generations to come. It's through such collaborative efforts that real and tangible change can be achieved in our collective fight against environmental degradation.



















PROPOSALS DEVELOPMENT **PROGRAM**

AT VIDYALOKA COLLEGE GALLE



A significant gathering convened at Vidyaloka College in Galle on October 27, 2023, focusing on developing existing proposals through a school video competition. Attended by three schools (Vidyaloka College, Dangedra Jayawardhan College, and Sacred Heart Convent) and nearly 50 students, the event aimed to cultivate innovation and advocate sustainability. the Additional Director of the Southern Province, and the Principal of Vidyaloka College were among the distinguished guests.

The morning commenced with an inclusive and warm welcome by Mr. Lahiru and he outlined the session's objectives, encouraging all participants to engage in an open dialogue and contribute their unique perspectives.

Ms. MIWA Tatsuno, representing the International Global Environment Strategies, delivered a compelling presentation on pivotal criteria for sustainable proposal development. from Drawing global waste management practices, Ms. Tatsuno provided valuable insights for local implementation.

Post-presentations, students were organized into three groups for an invigorating brainstorming session. Their collaboration generated an environment ripe with new and innovative ideas, with each group crafting and presenting their inventive solutions.

Subsequent discussions revolved around establishing practical time frames for proposed initiatives, ensuring a harmonious balance between ambition and practicality within each group's proposals. The successful session was marked by a photo capturing the collaborative spirit and dedication of all participants, symbolizing a unified commitment to promoting sustainability. In essence, the event facilitated dynamic idea generation, guided by expert insights, and concluded with a collaborative commitment to transforming these proposals into actionable sustainable initiatives

Written By - Hansi Sandu Tharakla































NATIONAL

NEWSPAPER

ARTICLES

A MODERN SOLUTION

Introducing e-Sabha; an app to bridge the gap between local government and public

The common conception among the public about food government systems in that they agonisingly come start is terms of delivering the desired efficiency while serving the public. Deep the thos small paper at which these tools government assistantians operate has now become a name, it is respected in the public has been been come, it is respectable that the public has the hight to receive effective public answired maintaining operate has now become a name, it is respectable to the public has the hight to receive effective public service from these installations and conversely, it is the ship off the local government of flexible to personal the public service in the sound of the desired public service in the ship of the local government of a reflective government action in protect is the ship of the communication. — be it between the efficiency government and the operate godies and the public washes and the operate godies, and the public washes to bright and the public washes and the operate godies, and the public washes to be a ship of the public washes a ship of the ship of the public public washes a ship of the since the complaint as well as a ship of the public public washes a single washes and the sample and disappointed as well as any of the local government institutions.

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E-Sabria

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Government officers also benefitted

benefitted

It is not just the public who feel the e-Sabha app is a huge convenience but the local government officers also think the appropriate is very effective and makes their job dealer. As Welf-elliya revealed, Help-O Brit Lenka has experienced overwhelmingly positive responses from the local government sector in their workshops to educate and taxe local government officers about the app. Their collective opinion is that the app helps considerably to readicate the bad copinion the public has about local government procedure. According to the Contempositive of Local Government — Southern Province Band Wicks unaswhap, the e-Salha app has also maked to be contemporated to the contemporate of Local Government — Southern Province Band Wicks unaswhap, the e-Salha app has also maked the contemporate and contemporate of Local Government — Southern Province Band Wicks unaswhap, the e-Salha app has also maked the contemporation of Local Government.

Government at the Department of Local Covernment - Foothern Province Basis Wick parasekars, the e-Sabha app has also made the committee the control of the same than the basis growth of the complainment incurs experience of the complainment through easier and packer. "The public is positively adapting to this new system." Wickparasekars observed. The e-Babha app was launched in Galle dozing the terms of the foothern Control of the Control

A platform for public voice

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One of the reasons behind the development and implementation of e-Sabha is the last of space for the public vision. As Weldvillips a explained, for a long time the public has been of the opinion that their vision is not heard by the local government and their opinion that their vision is not heard by the local government and their opinions are not accepted in an effective narrows. Although there is public representations in the local government system, mine than other, the representatives and only in the public connect with a political guary are other potentiand out of their public and for the public connect with a political guary are other potentiand out of their public vision is the local statement and entire their statement and settlement and the public vision is the and settlement of their public vision is the local government."

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Originated in Galle

Originated in Galle

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the entire country by the end of this year.

Multiple benefits

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Clean City Blue Ocean වැඩසටහන 2021 වර්ෂයේ දී ශුී ලංකාවේ සිය මෙහෙයුම් කටයුතු කළ "ජාතෘන්තර සංවර්ධනය සඳහා වූ එක්සත් ජනපද නියෝජිතායතනයෙහි (USAID) පුමුබතම ගෝලීය පස් අවුරුදු පුදානයක් වේ.



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ADA NEWSPAPER 2023.10.26





" USAID's Clean Cities Blue Ocean program donates equipment and vehicles to Galle Municipal Council.

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USAID assists Galle MC to ensure clean city and blue ocean

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The Country Director of the CCBO programme said he was pleased to see the progress made by the GMC in implementing the SWM best practices and engaging the community and the private sector. He said the CCBO programme will continue to work with the GMC and other partners to achieve a clean city and a blue ocean.

CEYLON TODAY SUNDAY 2023.10.22





පමුදු ප්ලාස්ථිත් දූෂණය අවම කිරීම අරමුණු තරගත් USAID හි Clean City Blue Ocean (CCBO) වැඩසටහන මගින් රුපියල් මිලියන 44ක් වටිනා වාහන සහ පසු උපකරණ පරිතාගයක් 2023 ඔක්තෝබර් 17 වන දින ගැල්ල මහ තරෙය සභා පරිමුවේදී භාර දෙන ලදී. නාගරික බල පුදේශයේ සහ පපදුවා කළමන (SWM) පේවා සැපයීම වැඩිදීය

(SWM) සේවා සැපයීම වැඩිදියුණු කිරීම සඳහා භාවිතා කරන වහන සහ උපකරණ පරිතානයට ඇතුළත් විය.

උපපර පෙන්නයට ඇතුළක් වය.
Clean City Blue Ocean වැඩසටහන
2021 වර්ෂයේ දී ශී ලංකාවේ සිය
මෙහයුම් කටයුතු දියක් කළ "ජාතාන්තර
සංවර්ධනය සඳහා වූ එක්සත් ජනපද
නියෝජිතායකනයයේහි (USAID)
පුමුඛතම ගෝලීය පස් අවුරුදු පුදානයක් වේ. මෙම වැඩසටහන යටතේ ගාල්ල මහ
නගර සභාවේ සහ අපදුවන කළමනාකරණ සේවා එලදායී අන්දමින් සැපයීම සඳහා ධාරිතාව වැඩි දියුණු කිරීම සඳහා ගාල්ල මන නගර සභාව වෙත සාස්වම කාක්ෂණික සභාය ලබා දී ඇත.

මෙහිදී සන අපදුවා එකතු කිරීමේ කාර්යක්ෂමනාව වැඩිකිරීම, ජනනය වන ස්ථානයේදීම අපදුවා වෙන්කිරීම සදහා මහජනතාව දැනුවත් කිරීම, ගන අපදුවා එකතු කිරීමේ මාර්ග ජාලයක් සැකසීම, එකතුකරන සේවක මණ්ඩලය සඳහා ආරක්ෂක උපකරණ සැපයීම් වැනි වැඩසටහන් පවත්වා අවශා නාක්ෂණික සහාය ලබා දී ඇත. හින්පැන්දල විවෘත කසළ බැහැරකිරීමේ හුමියේ කාර්යක්ෂමනාව වැඩිදියුණු කිරීම සහ කවීම්මා කොම්පෝස්ට අංශනයේ මෙහෙයුම් කටයුතු පටත්වාගෙන යෑම



සඳහා අවශා උපකරණ ලබා දී ඇත.
CCBO වැඩසටහාන මහින් පරිතාගත
කරන ලද වාහන සහ උපකරණ පරිතාගත
කිරීමේ උත්වසවයේ දී USAID/CCBO
වැඩසටහනන් ශ්‍රී ලංකාව සහ මැලදීවයින
සඳහා වන අධ්‍යක්ෂකා නිලංකා
විශේතායක මහත්මය විසින් ගැල්ල මහා
නගර සභාවේ නාගරික කෙම්පාරීස්
R.M.T.K. රස්නායක මහත්මය වෙන භාර දෙනා වන අව්‍යක්ෂිකා නිලංකා
විශේතායක මහත්මය විසින් ගැල්ල මහා
නගර සභාවේ නාගරික කෙම්පාරිස්
දේධකිය වැඩිදියුණු කිරීම සඳහා තහාග
ශ්‍රීලී සහයෝගය සහ හවුල්කාවිත්වය
ලබාදීම වෙනුවෙන් නාගරික කොමසාරිස්
තුමිය විසින් USAID සහ CCBO
වැඩසටහනට සිය කෘතඥතාව පළ කළාය. මෙම පරිතාහාගය මගින් පුරවැසියන්ට
වඩා හොඳ සේවාවක් සැපයීමට සහ
ස්ලාස්ටික් දූෂණයෙන් පරිපයේ ආරක්ෂා
කිරීමට මහ නගර සභාවේ උපකාරී වන
වේ ඇය පැවසුවාය. මෙම අවස්ථාවට
ගාල්ල මහා නගර සභාවේ උපකාරි වන
වේ සියන්ත ඒ. සහබන්දු මහතා,
නාගරික ඉංසිනේරු සම්පත් කුමාර සහ
HELPO ආයතනයේ සභාපති වතුර
වැලීවීටිය මහතා ඇතුළු නගර සභාවේ
නිලධාරීහු සභභාගි හුන.

PHUUURRCCUN

Rivers are one of the major pathways of plastic debris into the ocean. These plastics in the rivers may be disposed of through direct dumping into the river flow, catalyzed by the rain and exacerbated by the flooding events.

The estimation and flux monitoring of floating plastic in the river requires stationary cameras for continuous image capturing at locations with recording evidence of floating plastics.

We installed multiple cameras on the Mekong River near the Golden Triangle in Chiang Rai Thailand and our cameras have been in continuous function from November 2021 to till date. The advantage of our cameras is AI-enabled to automatically detect floating plastics and have low cost.

P Litter Plastic Detection Galle So Far [April 22 - November 01]

Plastic - 465224

Plastic Bottles - 14217

Straws - 51131

Trash Bag - 1376

Styrofoam - 6939









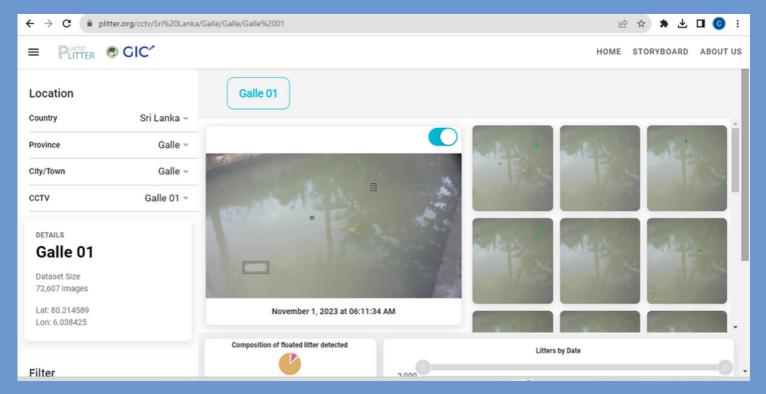








We can get a detail anlysis through www.plitter.org website.







VISITED TO HABARADUWA PRADESHIYA SABHA SEE THE PROGRESS OF THE E - SABHA APP



The project team of HELP-O visited Habaraduwa Pradeshiya on the 6th of October, 2023 to check the progress of the e-Sabha Application under the guidance of the Commissioner of Local Government Department, southern province.

Habaraduwa Pradeshiya Sabha e-sabha technical issues were solved by the project coordinator, Mr. Lahiru Maduranga, and trained staff on the e-Sabha app's updated features. Also, He met the secretary of Habaraduwa Pradeshiya Sabha and discussed their e-sabha complaining process. At the end of the visit, Project Coordinator Mr. Lahiru reported the progress of Habaraduwa Pradeshlya Sabha to CLG.

Written By - Lahiru Udumalagala



E-SABHA

The e-Sabha mobile app is a Sri Lankan government initiative that allows citizens to send complaints, feedback, and information regarding public day-to-day issues to local government offices in the relevant area. It is a free app that is available for download on the Google Play



HELP-O DIRECTOR

BOARD MEETING

14.10.2023 at Galle Hasara Hotel

The Board Meeting commenced at 9:30 a.m. with Mr. Chathura Welivitiya, Chairman of HELP-O, extending a warm welcome to all participants. The previous meeting's minutes from June 24, 2023, were confirmed with minor adjustments, proposed by Mr. Asoka Siriwardena and seconded by Mr. Mapalagama Wimalarathna.

The progress reports for various projects were presented:

- CACG project by Ms. Thakshala K. Withanage
- IGES project by Ms. Hansi Sandu Tharaka
- Newly submitted and pending approval project proposal by Mr. Lahiru Maduranga.

To enhance organizational success, the Chairman recommended assigning specific responsibilities based on expertise. The proposal outlined responsibilities for individuals within their respective areas:

- Mrs. Jayanthi Withanachchi: Secretary and/or Corporate Lawyer
- Mr. Amarasinghe Kudagallara: Director (Media Relations)
- Mr. Asoka Siriwardana: Director (Admin and Finance)
- Mr. Mapalagama Wimalarathne: Director (Legal Advisor/Media)
- Mr. Anil Kumarasiri: Director (Labour Relations and Occupational Health and Safety)
- Ms. Nadeeka Amarasinghe: Director (Environment and Urban Planning)
- Mr. Ranjith Dharmasiri: Director (Technical Affairs)
- Mr. M.S. Deshapriya: Director (Social Integrity and Foreign Relations)
- Ms. I.V.N.P. Kumuduni: Director (Planning and Projects)
- Dr. Jayasiri Lokuge: Director (Treasurer/Health and Sanitation)











Volunteers of HELP-0



Justin Mueller

I am Justin Mueller, a student hailing from the University of Paderborn in Germany. My journey led me to the vibrant landscapes of Sri Lanka, where I had the privilege of volunteering with Help-O for a six-week period.

Throughout my stay, I had the opportunity to develop a deeper appreciation for the vital importance of addressing excessive waste production. I immersed myself in practical activities that left an indelible impression on my experience. Engaging with the local community, I shared my knowledge of waste management and the broader waste policies in my homeland, Germany. The insights I gained from these exchanges were not only enlightening but also led to a profound understanding of the cultural complexity of Sri Lanka.

In my dedicated role, I played a pivotal part in crafting project proposals to support Help-O's ongoing and future initiatives. Moreover, I actively participated in a range of activities, including teaching English and German classes, and fostering cultural exchange in neighbouring schools. This multifaceted involvement culminated in a profoundly rewarding experience, one that expanded my horizons and allowed me to relish the exceptional warmth and hospitality extended to me by the gracious local community.

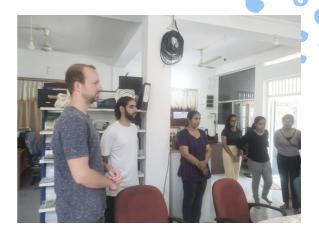


















NEWSLETTER OCTOBER 2023 HELP-O SRI LANKA

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